

2014

International Association
of Machinists and
Aerospace Workers



[COMMUNITY RESOURCES INTERNET RESOURCE GUIDE]

The website links listed herein are provided for information purposes only and should not be construed as an endorsement by the International Association of Machinists and Aerospace Workers. Original idea courtesy of Terri Friend, IAM&AW (retired)

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Addictions

Addictions A-Z

<http://www.addictionz.com>

Addictions – FamilyDoctor.Org

<http://familydoctor.org/online/famdocen/home/common/addictions.html>

Adolescent Drug Prevention

<http://www.nodrugs.com>

Alcohol Abuse Self Screen On-line

<http://www.alcoholscreening.org>

Department of Transportation Drug and Alcohol Testing Program

<http://www.dot.gov/ost/dapc/index.html>

Drug Net

<http://www.drugnet.net>

Faces and Voices of Recovery

<http://facesandvoicesofrecovery.org>

NAADAC – The Association for Addiction Professionals

<http://naadac.org>

National Council on Alcoholism and Drug Dependence

<http://www.ncadd.org>

National Directory of Drug and Alcohol Abuse Treatment Programs
Substance Abuse and Mental Health Treatment Locator

<http://findtreatment.samhsa.gov>

National Institute on Alcohol Abuse and Alcoholism

<http://www.niaaa.nih.gov>

National Institute on Drug Abuse

<http://www.drugabuse.gov>

Office of National Drug Control Policy

<http://www.whitehousedrugpolicy.gov>

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov>

Substance Abuse Treatment Facility Locator

<http://findtreatment.samhsa.gov>

Web of Addictions

<http://www.well.com/user/woa>

Women for Sobriety

<http://www.womenforsobriety.org>

Adoption

Adoption Information

<http://www.adoption.org>

National Adoption Center

<http://www.adopt.org>

Aging

Aging & Disabilities Services Administration (Washington State)

<http://www.aasa.dshs.wa.gov>

Alliance for Retired Americans (ARA)

<http://www.retiredamericans.org>

American Association of Retired Persons (AARP)

<http://www.aarpmembership.org/aarp/index2.html?CMP=KNC-MBR&SiteID=143936>

American Society on Aging

<http://www.asaging.org/index.cfm>

Elder Care Locator

<http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx>

IAM National Pension Fund

<http://mypension.iamnpf.org>

Medicare

<http://www.medicare.gov/>

1-800-MEDICARE 24 hours a day, 7 days a week

National Academy on an Aging Society

<http://www.agingsociety.org/agingsociety>

National Active and Retired Federal Employees Association (NARFE)

<http://www.narfe.org>

National Center for Health and Aging

<http://www.healthandtheaging.org>

National Council on Aging

<http://www.ncoa.org>

National Council on Independent Living

<http://www.ncil.org>

National IAM Benefit Trust Fund

<http://mypension.iamnpf.org>

National Institute on Aging

<http://www.nia.nih.gov>

National Senior Citizens Law Center

<http://www.nslc.org>

National Older Women's League

<http://www.owl-national.org/Welcome.html>

Pension Rights Center

<http://www.pensionrights.org>

Social Security Administration

<http://www.ssa.gov/>

AIDS/HIV

State AIDS Hotlines

<http://hab.hrsa.gov/gethelp/statehotlines.html>

AIDS Information – U.S. Department of Health & Human Services

<http://www.hivatis.org>

Avert – International AIDS Charity

<http://www.avert.org>

Mayo Clinic – HIV/AIDS

<http://www.mayoclinic.com/health/hiv-aids/DS00005>

National HIV Testing Resources – Centers for Disease Control (CDC)

<http://www.hivtest.org>

National Library of Medicine – HIV AIDS Information

<http://sis.nlm.nih.gov/hiv.html>

National Hemophilia Foundation HIV/AIDS

<http://www.hemophilia.org/NHFWeb/MainPgs/MainNHF.aspx?menuid=43&contentid=39&ptname=bloodsafety>

Names Project Foundation (Quilt AIDS Memorial)

<http://www.aidsquilt.org>

National Prevention Information Network HIV/AIDS

<http://www.cdcnpin.org/scripts/hiv/index.asp>

The Body – The Complete HIV/AIDS Resource

<http://www.thebody.com>

UNICEF – Children and HIV and AIDS

<http://www.unicef.org/aids/index.php>

Air Ambulance

Aero Care

<http://www.aerocare.com>

Air Life Line

<http://www.air-lifeline.com>

Air Ambulance

<http://www.airambulance.net>

Al-Anon and Alateen

<http://www.al-anon.org>

Alcohol Abuse

For 12-Step Support Groups See 12-Step Recovery Programs

Adult Children of Alcoholics

<http://adultchildren.org>

Alcohol Abuse – Self Screen On-line

<http://www.alcoholscreening.org>

Alcohol abuse cost calculator – business

<http://www.alcoholcostcalculator.org/business>

Alcohol abuse cost calculator – health plans
<http://alcoholcostcalculator.org/healthplans>

Alcohol abuse cost calculator – kids
<http://www.alcoholcostcalculator.org/kids>

Alcohol abuse cost calculator – return on investment
<http://www.alcoholcostcalculator.org/roi>

MADD Mothers against Drunk Driving
<http://www.madd.org>

Treatment Facility Locator
<http://findtreatment.samhsa.gov>

Allergic Disorders

American Academy of Allergy Asthma and Immunology
<http://www.aaaai.org>

American Latex Allergy Association
<http://www.latexallergyresources.org>

Asthma and Allergy Foundation of America
<http://www.aafa.org>

Food Allergy and Anaphylaxis Network
<http://www.foodallergy.org>

National Heart, Blood and Lung Institute
<http://www.nhlbi.nih.gov>

National Institute of Allergy and Infectious Diseases
<http://www3.niaid.nih.gov>

National Organization for Rare Disorders
<http://www.rarediseases.org>

National Food and Drug Administration (FDA)
<http://www.fda.gov>

Alzheimer's Disease

Alzheimer's Association
<http://www.alz.org/index.asp>

Alzheimer's Disease Education and Referral Center
<http://www.nia.nih.gov/alzheimers>

Alzheimer's Hotline
1-800-272-3900

Bright Focus Foundation
<http://www.brightfocus.org>

Anxiety Disorders

Anxiety Disorders Association of America
<http://www.adaa.org>

Anxiety Panic Attack Resource Site
<http://www.anxietypanic.com>

E-couch
<http://www.ecouch.anu.edu.au>

Freedom from Fear
<http://freedomfromfear.org>

Arthritis

Arthritis Foundation
<http://www.arthritis.org>

Attention Deficit Disorder

Children & Adults with Attention Deficit Disorder
<http://www.chadd.org>

National Attention Deficit Disorder Association
<http://www.add.org>

One ADD Place
<http://www.oneaddplace.com>

Autism

AutismInfo.Com
<http://www.autisminfo.com>

Autism 99
<http://www.autism99.org>

Autism Research Institute
<http://www.autism.com>

Autism Society
<http://www.autism-society.org>

Autism Today
<http://www.autismtoday.com>

Global Autism Collaboration
www.GlobalAutismCollaboration.com

Bereavement/Terminal Illness

Association for Pet Loss and Bereavement
<http://www.aplb.org>

Children's Bereavement Center
<http://www.childbereavement.org>

Compassion in Dying
<http://www.compassionandchoices.org>

Compassionate Friends
<http://www.compassionatefriends.org>

Growth House
<http://www.growthhouse.org/death.html>

Jewish Bereavement Project
<http://www.jewishbereavement.com>

National Center for School Crisis and Bereavement

<http://www.cincinnatichildrens.org/svc/alpha/s/school-crisis/default.htm>

Rainbows

<http://www.rainbows.org>

Bi-Polar Disorder

Pendulum

<http://www.pedulum.org>

Birth Control

Planned Parenthood

<http://www.plannedparenthood.org>

Birth Defects

Birth Defect Research for Children

<http://www.birthdefects.org>

March of Dimes

<http://www.marchofdimes.com>

Hereditary Disease Foundation

<http://www.hdfoundation.org/home.php>

Little People of America

<http://www.lpaonline.org/mc/page.do>

National Birth Defects Prevention Network

<http://www.nbdpn.org>

Blindness

American Foundation for the Blind

<http://www.afb.org>

Blind.Net

<http://www.blind.net/>

Blinded Veterans Association

<http://www.bva.org>

Blindness Resource Center

<http://www.nyise.org/blind.htm>

Foundation Fighting Blindness

<http://www.blindness.org>

Lighthouse International

<http://www.lighthouse.org>

National Federation of the Blind

<http://www.nfb.org>

Prevent Blindness America

<http://www.preventblindness.org>

Brain Tumor

American Brain Tumor Association

<http://www.abta.org>

National Brain Tumor Society

<http://www.tbts.org>

Cancer

American Cancer Society

<http://www.cancer.org/docroot/home/index.asp>

American Institute for Cancer Research

<http://www.aicr.org>

American Lung Association

<http://www.lungusa.org>

Cancer Center – Mayo Clinic

<http://www.mayoclinic.com/health/cancer/CA99999>

Cancer Guide

<http://cancerguide.org>

Cancer Hope Network

www.cancerhopenetwork.org

Cancer Hotline 1-800-4-CANCER

Cancer Treatment Centers of America

<http://www.cancercenter.com>

Corporate Angel Network

<http://www.corpangelnetwork.org>

H. Lee Moffitt Cancer Center and Research Institute

<http://www.moffitt.org>

Institute of Cancer Research

<http://www.icr.ac.uk>

Memorial Sloan-Kettering Cancer Center

<http://www.mskcc.org/mskcc/html/44.cfm>

National Cancer Institute

<http://www.cancer.gov/cancertopics>

National Coalition for Cancer Survivorship

<http://canceradvocacy.org>

National Hospice Organization

<http://www.nhpco.org/templates/1/homepage.cfm>

Caregiving

Family Caregiver Alliance

<http://www.caregiver.org>

National Alliance for Caregiving

<http://www.caregiving.org>

National Family Caregiver Association

<http://www.nfcacares.org>

Caring

Caring Across Generations
<http://caringacrossgenerations.org>

Child Care

Au Pair Care
<http://aupaircare.com>

ChildCare-Guide.Com
<http://www.childcare-guide.com>

eNanny Source
<http://www.enannysource.com>

Find a Nanny
<http://www.nanny.com>

International Nanny Association
<http://www.nanny.org>

Children

American Humane Association
<http://www.americanhumane.org>

Child Find of America
<http://www.childfindofamerica.org>

Child Molestation Research & Prevention Institute
<http://childmolestationprevention.org>

Girls & Boys Town
<http://www.boystown.org>
National Boys Town Hotline 1-800 448 3000

KidsHealth.Com
<http://www.kidshealth.org>

National Center for Missing and Exploited Children
<http://www.missingkids.com>

National Child Abuse Hotline at 1-800-4-A-CHILD

National Clearing House on Child Abuse and Neglect
<http://www.happinessonline.org/LoveAndHelpChildren/p7.htm>

National Council on Child Abuse & Family Neglect
<http://www.nccafv.org>

National Resource Center on Child Abuse & Neglect
<http://www.casafv.org>

Chronic Fatigue Syndrome

Chronic Fatigue Syndrome (Centers for Disease Control)
<http://www.cdc.gov/cfs>

Co-Cure

<http://www.co-cure.org>

Chronic Pain

American Chronic Pain Association

<http://www.theacpa.org>

American Pain Society

<http://www.ampainsoc.org>

Chronic Pain Support Group

<http://www.chronicpainsupport.org>

National Headache Foundation

<http://www.headaches.org>

Clinical Trials

Federal and Privately Supported Medical Clinical Trials

<http://www.clinicaltrials.gov>

Community Services

AFL-CIO People Who Help Directory (Handbook)

<http://iam1759.org/eapcoordinator/peoplewhohelpdirectory.oct.2013.pdf>

Community Tool Box

<http://ctb.ku.edu/en/default.aspx#.TptyirpSH88.facebook>

United Way of America

<http://national.unitedway.org/myuw>

United Way Canada (Labour Staff list)

<http://iam1759.org/eapcoordinator/unitedway.centraide.canada.jul.2013.pdf>

Dial 211 for Essential Community Services

<http://www.fcc.gov/cgb/consumerfacts/211.html>

Consumer Resources

American Council on Science and Health

<http://www.acsh.org>

Better Business Bureau

<http://welcome.bbb.org>

Coalition against Insurance Fraud

<http://www.insurancefraud.org>

Consumer Action

<http://www.consumer-action.org>

Consumer Action Handbook

<http://www.usa.gov/consumer-action-handbook/order-form.shtml>

Consumer Fraud Reporting

<http://www.consumerfraudreporting.org>

Consumer Information Catalogue

<http://clinton4.nara.gov/WH/Services/Agency/gsa.html>

Consumers Union

<http://www.consumersunion.org>

Consumer World

<http://www.consumerworld.org>

Federal Citizen Information Center

<http://www.pueblo.gsa.gov>

National Consumer Law Center

<http://www.consumerlaw.org>

National Consumers League

<http://www.nclnet.org>

U.S. Consumer Net, Inc.

<http://www.usconsumernet.net>

Credit Issues

Consumer Credit Counseling Service (CCCS)

<http://credit.org/cccs>

Credit Report – Equifax Credit Bureau

<http://www.equifax.com>

Credit Report – Experian

<http://www.experian.com>

Credit Report – TransUnion

<http://www.transunion.com>

Union Plus Consumer Credit Counseling

<http://www.unionplus.org/credit-counseling.cfm?index>

Crisis Intervention

International Critical Incident Stress Foundation

<http://icisf.org>

International Federation of Red Cross and Red Crescent Societies

<http://ifrc.org>

Crohn's Disease & Colitis

Crohn's & Colitis Foundation of America

<http://www.ccfa.org/info/about/crohns>

Crohn's Disease – Mayo Clinic

<http://www.mayoclinic.com/health/crohns-disease/DS00104>

Crohn's Disease Resource Center

<http://www.healingwell.com/ibd>

National Digestive Diseases Information Clearinghouse

<http://digestive.niddk.nih.gov/ddiseases/pubs/crohns>

Cystic Fibrosis

Cystic Fibrosis Foundation
<http://www.cff.org>

Deafness

American Sign Language Browser
<http://commtechlab.msu.edu/sites/aslweb/browser.htm>

American Society for Deaf Children
<http://www.deafchildren.org>

Deaf Resource Library
<http://www.deaflibrary.org>

Hand Speak
<http://www.handspeak.com>

Depression

Befrienders Worldwide
<http://www.befrienders.org>

Depression – National Institute of Mental Health
<http://www.nimh.nih.gov/health/topics/depression/index.shtml>

Depression Screening
<http://www.depression-screening.org>

Families for Depression Awareness
<http://www.familyaware.org>

Mental Health America
<http://www.nmha.org>

MoodGym
<http://moodgym.anu.edu.au>

National Alliance on Mental Illness
<http://www.nami.org>

National Council for Behavioral Health
<http://www.thenationalcouncil.org>

Obsessive Compulsive Foundation
<http://www.ocfoundation.org>

Online Mental Health Screening
<http://mentalhealthscreening.org>

Diabetes

American Diabetes Association
<http://www.diabetes.org/>

National Diabetes Information Clearing House
<http://diabetes.niddk.nih.gov/>

National Institute of Diabetes and Digestive Kidney Diseases
<http://www2.niddk.nih.gov>

Disability

Americans with Disabilities Act
<http://www.usdoj.gov/crt/ada/adahom1.htm>

Amputee Coalition of America
<http://www.amputee-coalition.org>

Disability and Business Technical Assistance Center
<http://www.adata.org/>

Disabled American Veterans
<http://www.dav.org>

Job Accommodation
<http://www.dol.gov/dol/topic/disability/jobaccommodations.htm>

Paralysis and Spinal Cord Injuries
<http://www.paralysis.org>

Rehabilitation Center for Assistive Technology
<http://www.catea.org>

United Way of America
<http://national.unitedway.org>

U.S. Office of Disability Employment Policy
<http://www.dol.gov/odep>

Disaster and Emergency

American Red Cross
<http://www.redcross.org>

Disaster Handbook
<http://www.disaster.ifas.ufl.edu>

Disaster Preparedness (San Francisco)
<http://www.72hours.org>

Earthquake Preparedness

Earthquake Preparation (FEMA)
<http://www.fema.gov/areyouready/earthquakes.shtm>

Earthquake Preparation Advice (American Rescue Team)
<http://www.amerrescue.org/quakprep.htm>

Prepare for Earthquakes
<http://www.prepareforearthquakes.com>

U.S. Geological Survey Earthquake Hazards Program
<http://earthquake.usgs.gov>

Emergency Preparedness & Response (CDC)
<http://www.bt.cdc.gov>

Home Safety

Fire Safety
<http://www.safetyresource.org/firesafety.html>

Home Safety Council
<http://www.homesafetycouncil.org/index.aspx>

Hurricanes

National Hurricane Center
<http://www.nhc.noaa.gov>

Hurricane Watch Net
<http://www.hwn.org>

Tornadoes

Are You Ready? (FEMA)
<http://www.fema.gov/areyouready/tornadoes.shtm>

National Oceanic & Atmospheric Administration
<http://www.noaawatch.gov/themes/severe.php>

Tornado Project On-line
<http://www.tornadoproject.com>

Wildfires

<http://www.ready.gov/wildfires> <http://www.firewise.org/>

Divorce & Separation

Divorce Care
<http://www.divorcecare.com>

Divorce Central
<http://www.divorcecentral.com>

Divorce.Net
<http://www.divorcenet.com>

Divorce Source
<http://www.divorcesource.com>

Divorce Support
<http://www.divorcesupport.com>

Divorce Support
<http://divorcesupport.about.com>

Divorce & Separation Support Groups (U.S. & Canadian Listing)
<http://www.divorcehq.com/spprtgroups.html>

Men's Marriage Separation Support Group
<http://www.separatedmen.com>

Domestic Violence

American Bar Association Commission on Domestic Violence
<http://www.abanet.org/domviol/home.html>

Domestic Violence Awareness Handbook
<http://www.dm.usda.gov/shmd/handbook.htm>

Futures Without Violence

<http://www.futureswithoutviolence.org>

National Center on Domestic and Sexual Violence
<http://www.ncdsv.org>

National Clearing House on Family Violence (Canadian)
http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/famvio_e.html

National Coalition against Domestic Violence
<http://www.ncadv.org>

National Domestic Violence Hotline - 1-800-799-SAFE (7233) and 1-800-787-3224 (TDD)

National Network to End Domestic Violence
<http://www.nnedv.org>

National Resource Center on Domestic Violence
<http://www.nrcdv.org>

Office on Violence against Women (USDOJ)
<http://www.ovw.usdoj.gov>

Workplaces Respond
<http://workplacesrespond.org>

Down Syndrome

National Down Syndrome Congress
<http://www.ndsccenter.org>

National Down Syndrome Society
<http://www.ndss.org>

Drug Abuse

For 12-Step Support Groups See 12-Step Recovery Programs
Canadian Center on Substance Abuse
<http://www.ccsa.ca/ENG/Pages/Home.aspx>

Canadian Foundation for Drug Policy
<http://www.cfdp.ca>

Drug Abuse Resistance Education (D.A.R.E.)
<http://www.dare.com>

Drug Policy Alliance
<http://www.drugpolicy.org>

Drug Self-Screening On-line
<http://drugscreening.org>

In Search of the Big Bang – What is Crack Cocaine?
<http://cocaine.org/index.html>

Life or Meth
<http://www.lifeormeth.org>

Mothers against Misuse & Abuse
<http://www.mamas.org>

National Alcohol and Drug Addiction Treatment Information Center
<http://www.addictioncareoptions.com>

National Institute on Drug Abuse

<http://www.nida.nih.gov>

Substance Abuse & Mental Health Services Administration

<http://www.samhsa.gov>

Substance Abuse Treatment Facility Locator

<http://www.findtreatment.samhsa.gov>

United Nations Office on Drugs and Crime

<http://www.unodc.org>

Drug Slang

Crack Drug Slang Dictionary

<http://parentingteens.about.com/cs/cocainecrack/l/blsldiccrack.htm>

Heroin Drug Slang Dictionary

<http://parentingteens.about.com/cs/herpes/l/blsldicher.htm>

Dyslexia

Davis Dyslexia Association International

<http://www.dyslexia.com>

International Dyslexia Association

<http://www.interdys.org>

Kids Help

http://www.kidshealth.org/kid/health_problems/learning_problem/dyslexia.html

National Institute of Neurological Disorders & Stroke

<http://www.ninds.nih.gov/disorders/dyslexia/dyslexia.htm>

Eating Disorders

For 12-Step Support Groups See 12-Step Recovery Programs

Academy for Eating Disorders

<http://www.aedweb.org/AM/Template.cfm?Section=Home>

Eating Disorders Coalition

<http://www.eatingdisorderscoalition.org>

National Association of Anorexia Nervosa and Associated Disorders

<http://www.anad.org>

National Eating Disorders Association

<http://www.nationaleatingdisorders.org>

Something Fishy

<http://www.somethingfishy.org>

Elder Care & Abuse

Administration on Aging

<http://www.aoa.gov>

American Association for Home Care

<http://www.aahomecare.org>

American Society on Aging
<http://www.asaging.org/index.cfm>

ElderWeb
<http://www.elderweb.com>

H.E.L.P.
<http://www.help4srs.org>

National Association of Area Agencies on Aging
<http://n4a.org>

National Center on Elder Abuse
<http://www.ncea.aoa.gov>

National Committee for the Prevention of Elder Abuse
<http://www.preventelderabuse.org>

National Council on Independent Living
<http://www.ncil.org>

National Institute on Aging
<http://www.nia.nih.gov>

National Resource Center for Safe Aging
<http://www.safeaging.org>

Office of Disability, Aging and Long-Term Care
http://aspe.hhs.gov/office_specific/daltep.cfm

Employment Advocacy

Office of Disability Employment Policy
<http://www.dol.gov/odep>

Employee/Member Assistance

American Substance Abuse Professionals
<http://www.go2asap.com>

Employee Assistance Professionals Association
<http://www.eapassn.org>

Find a Therapist
http://www.networktherapy.com/directory/find_therapist.asp

IAM District Lodge 140
<http://www.iam140eap.ca>

IAM District Lodge 141
<http://www.iam141.org/eap/eap.html>

Labor Assistance Professionals
<http://www.laborassistanceprofessionals.com>

Epilepsy and Seizure Disorders

Epilepsy.Com
<http://www.epilepsy.com>

Epilepsy (CDC)
<http://www.cdc.gov/Epilepsy>

Epilepsy Ontario (Canada)
<http://epilepsyontario.org>

National Society for Epilepsy
<http://www.epilepsynse.org.uk>

Families and Parenting

Child Help USA
<http://www.childhelpusa.org>

Families USA
<http://www.familiesusa.org>

Low Cost Health Insurance for Children
<http://www.insurekidsnow.gov>

National Father's Network
<http://www.fathersnetwork.org>

National Parenting Center
<http://www.tnpc.com>

Parents Anonymous
<http://www.parentsanonymous.org>

Worldwide Families
<http://worldwidefamilies.org>

Family Medical Leave Act

FMLA Information
<http://www.dol.gov/whd/fmla>

Financial Problems

For Consumer Credit Problems See Credit Issues

Financial Problems in Marriage
http://www.saveyourmarriage.marriagehealth.com/Financial_Problems_in_Marriage.html

Five Tips to Avoid Foreclosure (Union Plus)
<http://www.unionplus.org/home-mortgage-programs/avoid-foreclosure>

How to Manage Your Debt (Union Plus)
<http://www.uniondebtthehelp.org>

How to Work Through Financial Problems
http://www.ehow.com/how_2067527_work-through-financial-problems.html?ref=fuel

Marriage Problems or Money Problems
<http://marriage.families.com/blog/marriage-problems-or-money-problems>

National Relief Hotlines
http://www.careconnectusa.org/pdf/CareConnect_EAP.pdf

Union Plus Personal Loans
<http://www.unionplus.org/money-credit/loan>

Union Plus Save My Home Hotline

<http://www.unionplus.org/home-mortgage-programs/mortgage-foreclosure-help>

Funeral Planning

FuneralPlan.Com

<http://funeralplan.com>

Funeral Net

<http://www.funeralnet.com/index.php>

Funerals with Love

<http://www.funeralswithlove.com>

Gambling

For 12-Step Support Groups See Twelve Step Recovery Groups

National Council on Problem Gambling

<http://www.ncpgambling.org/i4a/pages/index.cfm?pageid=1>

ProblemGambling.Com

<http://www.problemgambling.com>

Grief

GriefNet.Org

<http://www.griefnet.org>

Grief Recovery Institute

<http://www.grief-recovery.com>

Grief Step Programs

<http://www.griefsupport.org>

Health, General

Health and Weight Loss

<http://www.casenet.org>

Healthy City Resources (California)

<http://www.healthycity.org>

Links to more than 1250 Web sites

<http://www.healthfinder.gov>

Med-Line (National Library of Medicine)

<http://www.nlm.nih.gov>

Medical Xpress

<http://www.medicalxpress.com>

Medline Plus

<http://nlm.nih.gov/medlineplus>

Heart Disease

American Heart Association

<http://www.americanheart.org/presenter.jhtml?identifier=1200000>

Heart/Stroke Health Self Test (My Life Check)
http://50.56.33.51/mlc01/main_en_US.html

National Heart, Blood and Lung Institute
<http://www.nhlbi.nih.gov>

Hepatitis

Hepatitis C Information Central
<http://hepatitis-central.com>

Hepatitis Foundation International
<http://www.hepfi.org>

Hepatitis (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/hepatitis.html>

Viral Hepatitis (CDC)
<http://www.cdc.gov/ncidod/diseases/hepatitis>

Home Care

Seniors Helping Seniors
<http://www.seniorshelpingseniors.com/Index.aspx>

Homelessness

Homelessness Resource Center
<http://homeless.samhsa.gov>

Homeless Veterans Resources
<https://www.va.gov/homeless/resources.asp>

Homeless Youth Resource Center
<http://www.voaut.org/Services/Homeless-Outreach--Housing-Programs/Homeless-Youth-Resource-Center>

Partnership for the Homeless
<http://partnershipforthehomeless.org/pages/family-resource-center>

Hospice

American Hospice Foundation
<http://www.americanhospice.org>

Hospice.Net
<http://www.hospicenet.org>

Hospice Directory
<http://www.hospicedirectory.org>

Hospice Foundation of America
<http://www.hospicefoundation.org>

Jewish Hospice Services
<http://www.jssa.org/services/senior/hospice>

National Hospice Organization
<http://www.nhpco.org/templates/1/homepage.cfm>

National Institute for Jewish Hospice
<http://www.nijh.org>

Internet Addiction

Internet and Computer Addiction

http://www.helpguide.org/mental/internet_cybersex_addiction.htm

The Center for Internet Addiction

<http://www.netaddiction.com>

Job Disruption

When the Paycheck Stops

<http://www.aflcio.org/About/Community-Services/When-the-Paycheck-Stops>

Legal Issues

American Civil Liberties Union

<http://www.aclu.org>

Free Legal Advice

<http://www.freeadvice.com>

<http://www.lawguru.com>

<http://www.nolo.com/index.cfm>

<http://www.facade.com/lawyers>

Legal Documents On-line

<https://www.legaldocs.com>

National Legal Aid and Defender Organization

<http://www.nlada.org>

Union Plus Legal Service

<http://www.unionplus.org/legal-aid-services>

Leukemia

Leukemia & Lymphoma Society of America

http://www.leukemia-lymphoma.org/all_page.adp?item_id=493098&KNC-yearend

Leukemia – Mayo Clinic

<http://www.mayoclinic.com/health/leukemia/DS00351>

MedicineNet.Com

<http://www.medicinenet.com/leukemia/article.htm>

Leukemia – National Cancer Institute

<http://www.cancer.gov/cancertopics/types/leukemia>

Liver Issues

American Liver Foundation

<http://www.liverfoundation.org>

Liver Cancer (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/livercancer.html>

Lupus

Lupus Foundation of America

<http://www.lupus.org>

Lupus (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/lupus.html>

Lupus (Mayo Clinic)
<http://www.mayoclinic.com/health/lupus/DS00115>

Medicare & Medicaid

Centers for Medicare and Medicaid Services
<http://www.cms.hhs.gov>

U.S. Government Information Site
<http://www.medicare.gov>

Medicare Resources (Social Security Online)
<http://www.ssa.gov/mediinfo.htm>

Mental Health

Find a Therapist
http://www.networktherapy.com/directory/find_therapist.asp

Mental Health America
<http://www.mentalhealthamerica.net>

Mental Help Net
<http://www.mentalhelp.net>

National Alliance for the Mentally Ill
<http://www.nami.org>

National Institute of Mental Health
<http://www.nimh.nih.gov>

Progressive Relaxation
http://www.hws.edu/studentlife/counseling_relax.aspx

Muscular Dystrophy

Muscular Dystrophy Association
<http://www.mdasa.org>

Muscular Dystrophy Family Foundation
<http://www.mdff.org>

Obsessive Compulsive Disorder

Obsessive-Compulsive Foundation
<http://www.ocfoundation.org>

Pregnancy

American Pregnancy Association
<http://www.americanpregnancy.org>

Coping with Pregnancy Loss (Baby Center)
http://www.babycenter.com/0_coping-with-pregnancy-loss_4006.bc

Red Cross

American Red Cross

<http://www.redcross.org>

Retirees

IAM Retiree Bloggers

<http://iamretireebloggers.blogspot.com/2011/10/just-scrap-cap-were-movin-in.html>

Schizophrenia

Schizophrenia and Related Disorders Alliance of America

<http://www.sardaa.org/schizophrenics-anonymous>

Schizophrenia.com

<http://www.schizophrenia.com>

Self-Help Groups

American Self-Help Group Clearing House

<http://www.mentalhelp.net/selfhelp>

National Mental Health Consumers Self Help Clearing House

<http://www.mhselfhelp.org>

Oxford House

<http://www.oxfordhouse.org/userfiles/file>

Self Injury

Safe Alternatives

<http://selfinjury.com>

Service Dogs/Pet Partners

Canine Companions for Independence

<http://www.caninecompanions.org>

Delta Society

<http://www.deltasociety.org>

Guide Dogs of America

<http://www.guidedogsofamerica.org>

Service Learning

National Service Learning Clearing House

<http://www.servicelearning.org>

Sexually Transmitted Diseases

STD (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html>

STD (CDC)

<http://www.cdc.gov/std>

Sleep Disorders

National Sleep Foundation

<http://www.sleepfoundation.org>

Neurology Channel

<http://www.neurologychannel.com/sleepdisorders>

Sleep Disorders (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/sleepdisorders.html>

SleepNet.Com

<http://www.sleepnet.com>

Smoking

Quit Smoking

<http://www.smokefree.gov>

Quit Smoking

<http://www.quitsmoking.com>

Quit Smoking (American Lung Association)

<http://www.lungusa.org>

Quit Smoking Support

<http://www.quitsmokingsupport.com>

Stress

American Institute of Stress

<http://www.stress.org>

International Critical Incident Stress Foundation

<http://www.icisf.org>

Stress (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/stress.html>

Understanding Stress

http://www.helpguide.org/mental/stress_signs.htm

Stroke

National Stroke Association

<http://www.stroke.org/site/PageNavigator/HOME>

Stroke (American Heart Association)

<http://www.americanheart.org/presenter.jhtml?identifier=4755>

Stuttering

Stuttering Foundation of America

<http://www.stutteringhelp.org>

Stuttering (ASHA)

<http://www.asha.org/public/speech/disorders/stuttering.htm>

Sudden Infant Death Syndrome

American SIDS Institute

<http://www.sids.org>

First Candle

<http://www.sidsalliance.org>

Suicide Prevention

American Association of Suicidology
<http://www.suicidology.org>

American Foundation for Suicide Prevention
<http://www.afsp.org>

Canadian Suicide Hotlines
<http://www.suicide.org/hotlines/international/canada-suicide-hotlines.html>

Suicide Prevention Resource Center
<http://www.sprc.org>

USA National Suicide Hotline 1-800-784-2433 or 1-800-273-8255

Trauma

American Trauma Society
<http://www.amtrauma.org>

Trauma.Org
<http://www.trauma.org>

Twelve Step Recovery Programs

Alcoholics Anonymous
<http://www.alcoholics-anonymous.org/?Media=PlayFlash>

Chemically Dependent Anonymous
<http://www.cdaweb.org>

Cocaine Anonymous
<http://www.ca.org>

Co-dependents Anonymous
<http://www.coda.org>

Crystal Meth Anonymous
<http://www.crystalmeth.org>

Debtors Anonymous
<http://www.debtorsanonymous.org>

Depressed Anonymous
<http://www.depressedanon.com>

Dual Recovery Anonymous
<http://www.schizophrenia.com/help/Schizanon.html>

Eating Disorders Anonymous
<http://eatingdisordersanonymous.org>

Emotions Anonymous
<http://emotionsanonymous.org>

Families Anonymous
<http://www.familiesanonymous.org>

Food Addicts Anonymous
<http://www.foodaddictsanonymous.org>

Gamblers Anonymous
<http://www.gamblersanonymous.org>

Grey Sheeters Anonymous (Overeating)
<http://www.greysheet.org>

Marijuana Anonymous
<http://www.marijuana-anonymous.org>

Methadone Anonymous
<http://www.methadonesupport.org>

Narcotics Anonymous
<http://www.na.org>

Nicotine Anonymous
<http://www.nicotine-anonymous.org>

Overeaters Anonymous
<http://www.oa.org/index.htm>

Recovering Couples Anonymous
<http://www.recovering-couples.org>

Schizophrenia Anonymous
<http://www.schizophrenia.com/help/Schizanon.html>

Sexaholics Anonymous
<http://www.sa.org>

Sex Addicts Anonymous
<http://www.sexaa.org>

Spenders Anonymous
<http://www.spenders.org>

Workaholics Anonymous
<http://www.workaholics-anonymous.org>

Unemployment

When the Paycheck Stops
<http://www.aflcio.org/About/Community-Services/When-the-Paycheck-Stops>

Unemployment Benefits Information by State
<http://www.servicelocator.org/OWSLinks.asp>

Unemployment Life Line
<http://www.unemploymentlifeline.com>

Veterans

Directory of Veterans Organizations
<http://www1.va.gov>

Veterans Crisis Line
<http://veteranscrisisline.net/Default.aspx>

Veterans for Common Sense
<http://veteransforcommonsense.org>

Victims

National Center for Victims of Crime
<http://victimsofcrime.org>

National Organization for Victim Assistance
<http://www.trynova.org>

Office for Victims of Crime
<http://www.ojp.usdoj.gov/ovc>

Rape, Abuse and Incest National Network
<http://www.rainn.org>